

The Telegraph 2011

Top five causes of long-term absence

1. Stress
2. Acute medical conditions such as heart attack and stroke
3. Musculoskeletal injuries such as neck strains
4. Mental ill health
5. Back pain
6. Recurring medical conditions such as asthma
7. Minor illness such as colds and headaches
8. Pregnancy-related absence (not maternity leave)
9. Work-related injuries and accidents
10. Home/family responsibilities

Top five causes of short-term absence

1. Minor illness such as colds and headaches
2. Stress
3. Musculoskeletal injuries such as neck strains
4. Back pain
5. Home/family responsibilities
6. Recurring medical conditions such as asthma
7. Mental ill health
8. Injuries and accidents not related to work
9. Other absences not due to genuine ill health
10. Acute medical conditions such as heart attack or stroke

Key

Red = We can help directly

Purple = We can help indirectly

Black = We are unable to directly affect this reason of absence in the workplace

“One might assume the perceived US work culture of long hours and short holidays could lead to higher stress and sick rates. Our data suggests otherwise, or perhaps demonstrates that strong employee engagement and commitment can override workplace pressures. For a variety of reasons, there seems to be a hunger among workers in US and Asia to go the extra mile.”

Richard Phelps, HR consulting partner at PwC, commented

“There’s also a question of whether UK employers should be investing more in the health of their workforce. US firms tend to take greater responsibility for staff well-being, whether providing gyms in the workplace or access to health professionals”

Richard Phelps, HR consulting partner at PwC, commented

If you are interested in any of the services above or to arrange a 1 hour meeting with the team please contact us via email at info@miltonkeynesphysio.co.uk or phone us on 01908299272.